

What to bring to the High School Beach retreat

- Appropriate clothing
- Casual, comfortable clothing (shorts, t-shirts, jeans, sweat pants) bring an extra change of clothes in case you get wet
- Sneakers or other comfortable shoes
- Flip flops or other beach shoes
- Jacket or sweat shirt it will be cool in the mornings and evenings on the beach
- Bathing suit
- Rain coat or poncho if rain is in the forecast
- Sleepwear Personal Items
- Shampoo
- Soap
- Toothbrush and toothpaste
- Deodorant
- Towel for showers
- Beach towel
- Sunscreen
- Sleeping bag or bed roll
- Pillow
- Any games that you want to share
- Your homework (there will be time to work on it)
- A large bottle of soda or juice and a snack to share